

URBAN ADVENTOURS
FAVORITE CITY SITES

- ◆ Urban AdvenTours Shop
- ① U.S.S. Constitution
- ② Bunker Hill Monument
- ③ The Hatch Shell
- ④ The Museum of Science
- ⑤ Beacon Hill and Charles St.
- ⑥ Fenway Park
- ⑦ JFK Library and Museum
- ⑧ Paul Revere House
- ⑨ Symphony Hall
- ⑩ Christian Science Plaza
- ⑪ Museum of Fine Arts
- ⑫ Sam Adams Brewery
- ⑬ Boston Common
- ⑭ Public Garden
- ⑮ Copley Square & Trinity Church
- ⑯ Boston Public Library
- ⑰ Newbury St.
- ⑱ Institute of Contemporary Arts
- ⑲ Harpoon Brewery
- ⑳ Harvard Square
- ㉑ MIT
- ㉒ Boston Public Market

COFFEE, BITE, OR BREW

- ① The Golden Goose
- ② Ernesto's
- ③ Charles River Canoe and Kayak
- ④ The Sevens
- ⑤ Modern Pastry
- ⑥ The Sail Loft
- ⑦ Charles River Bistro
- ⑧ City Tap House Boston
- ⑨ The Barking Crab
- ⑩ James Hook & Co. Lobsters
- ⑪ Grendel's Den
- ⑫ Highland Fried
- ⑬ Trina's Starlite Lounge
- ⑭ The Middle East
- ⑮ Charlie's Beer Garden
- ⑯ The Beehive
- ⑰ Parish (I & II)
- ⑱ Flour Café (Many Locations)
- ⑲ The Gallows
- ⑳ Meyers and Chang
- ㉑ Toro
- ㉒ Wally's Jazz Club
- ㉓ Bleacher Bar
- ㉔ The Field
- ㉕ Taza Chocolate Factory
- ㉖ 75 Chestnut
- ㉗ Mr. Dooley's Boston
- ㉘ Doyle's
- ㉙ The Brendan Behan Pub
- ㉚ Cambridge Brewing Co.
- ㉛ South Street Diner
- ㉜ El Pelon
- ㉝ Courageous Sailing



URBAN ADVENTOURS
BOSTON'S DOWNTOWN BIKE SHOP
TOURS • RENTALS • SALES

BIKING BOSTON & CAMBRIDGE

MAP LEGEND

- ◆◆◆ FREEDOM TRAIL & SITES
- ◆◆◆ BLACK HERITAGE TRAIL
- ◆ BOSTON HARBORWALK
- ◆ CITY WATER TAXI STOPS
- ◆ MBTA SUBWAY STOPS
- ◆ CHARLES RIVER CANOE & KAYAK LOCATIONS
- ◆ CITY VIEW TOUR
- ◆ TOUR DE BOSTON
- ◆ TOUR DE CAMBRIDGE
- ◆ EMERALD NECKLACE
- ◆ BOSTON HARBOR
- ◆ CAUTION AREAS
ROTARY, HWY INTERSECT, ETC
- ◆ DASHED LINE = WALK BIKES



Cycle Smart!

- Stay alert! The paths illustrated on this map may not be open 100% of the time. Obey any signs, detours, or officials' directions that you encounter.
- Ride on the road, not the sidewalk. If you aren't comfortable on the road, walk your bike on the sidewalk.
- Always ride in the direction of traffic.
- Use caution and stay in control on hills. Brake with your right hand (rear brake) on steep declines.
- Some parks do not allow biking, check the posted rules before you take a ride!
- Lock your bike securely and store it indoors overnight if possible.
- See our "Rules to Live By" on the reverse side for more tips for getting around!

SHIFTING GEARS

Shifting gears on your bike is easy if you follow these simple rules: shift BEFORE an incline or intersection, always pedal while shifting, and apply firm, even force to the shift levers while shifting. Your shifter will "click" when it has successfully shifted - if the shift lever will not move, don't force it. Instead, allow the shifter to return to its standard position and try again, or look at the gear indicator. You may have reached the end of the gear range!

Left hand (front) shifting

To shift from a small chainring to a larger chainring, press the thumb lever.

To shift from a large chainring to a smaller chainring, pull the finger lever.

Right hand (rear) shifting

To shift from a hard gear to an easier gear, press the thumb lever.

To shift from an easy gear to a harder one, pull the finger lever.

Note: these instructions apply to most UA hybrid rental bikes. Your personal bike may be different! Ask an employee if you need further assistance.

TOUR DE BOSTON

6 MILES OR 12 MILES
Both sides of the Charles River feature multi-use, family friendly bike paths and great views of the river and city skylines. This is a route that keeps you largely out of the streets and on bike paths and lanes.

- On Commercial Street, turn right onto Beverly St, Walk across the Charles River Dam, and ride through Paul Revere Park and North Point park to connect with the Cambridge side of the river.
- Or ride down Causeway Street and turn right onto Lomansey Way to connect with the Esplanade.
- Cross the Harvard Bridge (Mass. Ave) for a shorter route, or continue all the way to Harvard Square on the river front.

CITY VIEW

11 MILES
See Boston's best sites on our favorite and most popular route. This ride is mostly on streets, but we've engineered it to keep you on roads with bike lanes as much as possible.

- Follow Tour de Boston up the Esplanade.
- Walk across the Sherborn Street Bridge into Boston University.

TOUR DE CAMBRIDGE

11 MILES
This tour takes you to the City of Cambridge, Boston's Northern neighbor. Experience the rich history, culture, and diversity in this scholarly city.

- Follow Tour de Boston through North Point. Diverge into MIT after going under the Longfellow Bridge.

EMERALD NECKLACE

15 MILES
Frederick Law Olmsted designed this system of parks and green space in the late 1800's to allow Bostonians to escape the 'bustle and jar' of city streets. This longer route has some minor hills, but is largely along bike paths. An easy route that requires a little endurance.

- Follow the City View route until Back Bay Fens.
- From Jamaica Pond, take Arborway to the Arboretum and Forest Hills.
- Take the Southwest Corridor from Forest Hills to reconnect with the city view route.

BOSTON HARBOR

8 MILES
Cruise through South Boston and relax by the Harbor at Castle Island. This is a great ride through a very low traffic area with lots of seaside views.

- Follow Surface Road to Dewey Square, then take Summer St. across Fort Point Channel.
- Summer St. becomes I Street.
- Take a left at Boston Harbor for Castle Island, right for John F. Kennedy Museum.
- To return, take East Broadway back to I Street.
- After crossing the channel, turn right onto Drydock Avenue, and return along the Harbor Walk for the most scenic ride.

MINUTEMAN BIKEWAY

8-9 MILES TO ALEWIFE, 11 MILES FROM ALEWIFE TO BEDFORD
Enjoy the Bay State's most popular rail-trail for serious early morning rides or for its family friendly path and historical significance.

- Follow Tour de Boston to Harvard Square.
- Follow signs on Memorial Drive and John F. Kennedy Street to Alewife Station.
- Follow path north of Alewife to reach Minuteman Trail Head in Arlington.
- Follow directions on signs to safely cross intersection. Please do not ride on sidewalks!

THE FUN WAY TO FENWAY

6 MILES TO FENWAY PARK
Take me out to the ball game! Ride to Fenway Park for a game and take advantage of the free bike valet service available during most Red Sox games.

The Red Sox offer free bike valet parking for ticketed patrons for all home games. The bike valet is located across from Gate D on the corner of Van Ness Street and Yawkey Way, opening one and a half hours prior to game time and closing a half hour post-game.